El Paso Health Medicare Advantage

SOCIAL DETERMINANTS OF HEALTH CLINICAL PRACTICE GUIDELINES

The World Health Organization defines social determinants of health as follows: "the conditions in which people are born, grow, work, live, and age, and the wider set of forces and systems shaping the conditions of daily life. These forces and systems include economic policies and systems, development agendas, social norms, social policies and political systems."

Social Determinants of health include factors such as income, social support, early childhood development, education, employment, housing and gender.

Social Diagnosing Addressing the social determinants is an important and emerging area of practice that entails starting earlier and broadening the scope of interventions, thus making entire families and communities healthier.	• Treat patients with dignity and respect and create safe spaces for disclosure. • Take a little extra time per consultation to address complex health and social needs to improve anticipatory and coordinated care and improve patient enablement. • Ask patients about potential social challenges in a sensitive and culturally acceptable way (such as lack of employment, food insecurity and discrimination, physical and sexual abuse, and history of psychological trauma, low literacy, legal or immigration status issues, fears regarding health care or barriers to making appointments). • Integrate information on social challenges into the medical record to ensure that the entire care team can take these considerations into account during care planning.
Social Prescribing Involves connecting patients with various support resources within and beyond the health system.	• Know about local referral resources for specific social challenges • Referrals to community based support groups, housing advocacy organizations, employment agencies, etc. • Advocate for patients, help patients to access benefits or programs to which patients are entitled.
Screening Tools Examples of Screening Tools available for social needs of Members	• Your Current Life Situation (YCLS) survey • Protocol for Responding to and Assessing Patients' Assets, Risks and Experiences (PRAPARE) • CMS Accountable health communities Health-Related Social Needs (HRSN)
ICD-10 Codes Encounter reason codes used to document SDOH data	• There are ICD 10 codes that identify non-medical factors that may influence a patient's health status, such as the member's socioeconomic situation, including education and literacy, employment, housing, lack of adequate food or water, etc. These are supplemental diagnosis codes (not admitting or principal diagnosis codes). Including SDOH ICD-10 codes in the medical record/claims can help with care coordination and quality improvement initiatives. (see attachment) **Rev Date: 10/20/2021**

Resources: https://www.cdc.gov/publichealthgateway/sdoh/index.html
https://www.ahrq.gov/sdoh/about.html
https://www.ncbi.nlm.nih.gov/pmc/ar cles/PMC5135524/
https://www.azahcccs.gov/PlansProviders/Downloads/FFSProvider-Manual/Exhibit_4-1SocialDeterminantsHealthICD-10List.pd
fhttps://www.aafp.org/fpm/2018/0500/p7.html

Z Code	Description
Z55	**Problems related to education and literacy**
Z55.0	Illiteracy and low-level literacy
Z55.1	Schooling unavailable and unattainable
Z55.2	Failed school examinations
Z55.3	Underachievement in school
Z55.4	Educational maladjustment and discord with teachers and classmates
Z55.5	Less than a high school diploma
Z55.8	Other problems related to education and literacy
Z55.9	Problems related to education and literacy, unspecified
Z56	**Problems related to employment and unemployment**
Z56.0	Unemployment, unspecified
Z56.1	Change of job
Z56.2	Threat of job loss
Z56.3	Stressful work schedule
Z56.4	Discord with boss and workmates
Z56.5	Uncongenial work environment
Z56.6	Other physical and mental strain related to work
Z56.8	Other problems related to employment
Z56.81	Sexual harassment on the job
Z56.82	Military deployment status
Z56.89	Other problems related to employment
Z56.9	Unspecified problems related to employment
Z57	**Occupational exposure to risk factors**
Z57.0	Occupational exposure to noise
Z57.1	Occupational exposure to radiation
Z57.2	Occupational exposure to dust
Z57.3	Occupational exposure to other air contaminants
Z57.31	Occupational exposure to environmental tobacco smoke
Z57.39	Occupational exposure to other air contaminants
Z57.4	Occupational exposure to toxic agents in agriculture
Z57.5	Occupational exposure to toxic agents in other industries
Z57.6	Occupational exposure to extreme temperature
Z57.7	Occupational exposure to vibration
Z57.8	Occupational exposure to other risk factors
Z57.9	Occupational exposure to unspecified risk factor
Z58	**Problems related to physical environment**
Z58.6	Inadequate drinking water supply

Z Code	Description
Z59	**Problems related to housing and economic circumstances**
Z59.0	Homelessness
Z59.00	.....unspecified
Z59.01	Sheltered homelessness
Z59.02	Unsheltered homelessness
Z59.1	Inadequate housing
Z59.2	Discord with neighbors, lodgers and landlord
Z59.3	Problems related to living in residential institution
Z59.4	Lack of adequate food
Z59.41	Food insecurity
Z59.48	Other specified lack of adequate food
Z59.5	Extreme poverty
Z59.6	Low income
Z59.7	Insufficient social insurance and welfare support
Z59.8	Other problems related to housing and economic circumstances
Z59.81	Housing instability, housed
Z59.811	.... with risk of homelessness
Z59.812	.... homelessness in past 12 months
Z59.819	.... unspecified
Z59.89	Other problems related to housing and economic circumstances
Z59.9	Problem related to housing and economic circumstances, unspecified

Z Code	Description
Z62	**Problems related to upbringing**
Z62.0	Inadequate parental supervision and control
Z62.1	Parental overprotection
Z62.2	Upbringing away from parents
Z62.21	Child in welfare custody
Z62.22	Institutional upbringing
Z62.29	Other upbringing away from parents
Z62.3	Hostility towards and scapegoating of child
Z62.6	Inappropriate (excessive) parental pressure
Z62.8	Other specified problems related to upbringing
Z62.81	Personal history of abuse in childhood
Z62.810	Personal history of physical and sexual abuse in childhood
Z62.811	Personal history of psychological abuse in childhood
Z62.812	Personal history of neglect in childhood
Z62.813	Personal history of forced labor or sexual exploitation in childhood
Z62.819	Personal history of unspecified abuse in childhood
Z62.82	Parent-child conflict
Z62.820	Parent-biological child conflict
Z62.821	Parent-adopted child conflict
Z62.822	Parent-foster child conflict
Z62.89	Other specified problems related to upbringing
Z62.890	Parent-child estrangement NEC
Z62.891	Sibling rivalry
Z62.898	Other specified problems related to upbringing
Z62.9	Problem related to upbringing, unspecified

Z Code	Description
Z63	**Other problems related to primary support group, including family circumstances**
Z63.0	Problems in relationship with spouse or partner
Z63.1	Problems in relationship with in-laws
Z63.3	Absence of family member
Z63.31	…… due to military deployment
Z63.32	Other absence of family member
Z63.4	Disappearance and death of family member
Z63.5	Disruption of family by separation and divorce
Z63.6	Dependent relative needing care at home
Z63.7	Other stressful life events affecting family and household
Z63.71	Stress on family due to return of family member from military deployment
Z63.72	Alcoholism and drug addiction in family
Z63.79	Other stressful life events affecting family and household
Z63.8	Other specified problems related to primary support group
Z63.9	Problem related to primary support group, unspecified
Z64	**Problems related to certain psychosocial circumstances**
Z64.0	Problems related to unwanted pregnancy
Z64.1	Problems related to multiparity
Z64.4	Discord with counselors