



Summary of Benefits



Summary of Benefits

El Paso Health Advantage Dual SNP (HMO D-SNP)

This is a brief summary of benefits and services covered by El Paso Health Advantage Dual SNP (HMO D-SNP) from January 1 to December 31, 2022. It does not list every service that we cover or every limitation or exclusion. To get a complete list of services we cover, call us and ask for the "Evidence of Coverage." You may also see our Evidence of Coverage online at, <u>ephmedicare.com</u>.

WHO CAN JOIN US

To join El Paso Health Advantage Dual SNP (HMO D-SNP), you must be:

- Entitled to Medicare Part A
- Enrolled in Medicare Part B
- Part of the Qualified Medicare Beneficiary (QMB) program or QMB+, Texas Medicaid
- Live in our service area. Our service area includes El Paso and Hudspeth counties.

HOW TO CONTACT US

- Phone: 1-833-742-3125
- TTY Users: 711
- Fax: 915-532-2286
- Email: medicare@elpasohealth.com
- Website: ephmedicare.com

HOURS OF OPERATION

You can call us as follows:

October 1 - March 31, 8 a.m. to 8 p.m. seven days a week.

April 1 - September 30, 8 a.m. to 8 p.m. Monday through Friday.

H3407_2201SOB_M CMS Accepted 08/30/2021

WHICH DOCTORS, HOSPITALS, AND PHARMACIES CAN I USE?

El Paso Health Advantage Dual SNP (HMO D-SNP) has a network of doctors, specialists, hospitals, pharmacies, and other providers. Except in emergency situations, if you use the providers that are not in our network, we may not pay for these services.

You must generally use network pharmacies to fill your prescriptions for covered Part D drugs.

You can see our plan's provider and pharmacy directory on our website at ephmedicare.com. Or, call us and we will send you a copy of the provider and pharmacy directory.

WHAT DO WE COVER?

Like all Medicare health plans, we cover everything that Original Medicare covers – and more! Extra benefits are outlined in this booklet. We cover Part D drugs. In addition, we cover Part B drugs such as chemotherapy and some drugs administered by your provider.

You can see the complete plan's formulary (list of Part D prescription drugs) and any restrictions on our website at ephmedicare.com. Or, call us and we will send you a copy of the formulary.

Benefit Category	El Paso Health Advantage Dual SNP (HMO D-SNP)	Texas Medicaid
Monthly Premium	\$0 monthly premium You must keep paying your Part B Premium. The Part B Premium may be covered through your State Medicaid program.	Medicaid assistance with premium payment may vary based on your level of Medicaid eligibility.

MEDICAL DEDUCTIBLE

This plan has a medical deductible. The deductible may not apply to you because Members are protected by the Texas Medicaid Program from cost sharing, co-insurance, co-pays and deductibles for Original Medicare covered services.

PHARMACY (PART D) DEDUCTIBLE

This plan does have a deductible of \$480. The Part D deductible does not apply to you because you get Extra help from Medicare.

MAXIMUM OUT-OF-POCKET RESPONSIBILITY

This plan does have a maximum out-of-pocket responsibility, (does not include prescription drugs). Our Members are protected by the Texas Medicaid Program from cost sharing; Medicaid pays co-insurance, co-pays, and deductibles for Original Medicare covered services. Members are not responsible for the maximum out-of-pocket.

Inpatient Hospital Care	\$0 co-pay for days 1 through 90.	Inpatient hospital stays are a covered benefit. Medicaid pays coinsurance, co-
	Our plan covers 90 days for inpatient hospital stay.	payments, and deductibles for Medicare covered services.
	Our plan also covers 60 "lifetime reserved days." These are "extra" days that we cover. If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days.	Members should follow Medicare guidelines related to hospital choice. \$0 co-pay for Medicaid- covered services.
3	Prior authorization may be required.	

Benefit Category	El Paso Health Advantage Dual SNP (HMO D-SNP)	Texas Medicaid
Outpatient Hospital Coverage (Ambulatory Surgical Center)	\$0 co-pay Prior authorization may be required.	Medicaid pays for certain surgical services if it is not covered by Medicare or when the Medicare benefit is exhausted. \$0 co-pay for Medicaid-
		covered services.
Doctor Office Visits	Primary Care Provider: \$0 co-pay	Medicaid pays for this service if it is not covered by Medicare or when the Medicare benefit is exhausted.
	Specialist: \$0 co-pay It is always recommended that you talk to your Primary Care Provider first before you get care from a Specialist.	\$0 co-pay for Medicaid- covered services.
Preventive Care	\$0 co-pay for:	Medicaid pays for this service
	Medicare preventative services	if it is not covered by Medicare or when the Medicare benefit
	 Abdominal aortic aneurysm Screening 	is exhausted.
	 Alcohol misuse counseling 	\$0 co-pay for Medicaid-
	 Bone mass measurement 	covered services.
	 Breast cancer screening (mammogram) 	
	 Cardiovascular disease (behavioral screenings) 	
	Cardiovascular screenings	
	 Cervical and vaginal cancer screening 	
	 Colorectal cancer screenings (Colonoscopy, Fecal occult blood test, Flexible sigmoidoscopy) 	

Benefit Category

Preventive Care

(continued)

El Paso Health Advantage Dual SNP (HMO D-SNP)

- Depression screenings
- Diabetes screenings
- HIV screenings
- Medical nutrition therapy services
- Obesity screening and counseling
- Pap smears and pelvic exams (women)
- Sexually transmitted infections screenings and counseling
- •Tobacco use cessation counseling (counseling for people with no sign of tobacco related disease)
- Vaccines, including Flu shots, Hepatitis B shots, Pneumococcal shots
- •"Welcome to Medicare" Preventive visit (one time)
- Yearly "Wellness" visit

Medicaid pays for this service if it is not covered by Medicare or when the Medicare benefit is exhausted.

Texas Medicaid

\$0 co-pay for Medicaidcovered services.

Emergency Care	\$0 co-pay Note: Emergency services are not covered outside the United States.	Medicaid pays for this service if it is not covered by Medicare or when the Medicare benefit is exhausted.
		(Any emergency room visit if the member reasonably believes he or she needs emergency care.)

\$0 co-pay for Medicaidcovered services.

Benefit Category	El Paso Health Advantage Dual SNP (HMO D-SNP)	Texas Medicaid
Urgently Needed Services	\$0 со-рау	Medicaid pays for this service if it is not covered by Medicare or when the Medicare benefit is exhausted.
		(This is NOT emergency care and in most cases, is out of the service area.)
		\$0 co-pay for Medicaid- covered services.
Diagnostic Services, Labs and Imaging	\$0 co-pay Diagnostic mammography, diagnostic radiology, lab services, diagnostic test and procedures, outpatient X- rays, and radiation therapy.	Medicaid pays for this service if it is not covered by Medicare or when the Medicare benefit is exhausted. \$0 co-pay for Medicaid- covered services.
Hearing Services	\$0 co-pay Routine Hearing Services:	Medicaid pays for this service if it is not covered by Medicare or when the Medicare benefit is exhausted.
	This plan covers 1 hearing exam and hearing aid fitting/evaluation every year. \$2,000 maximum plan benefit for hearing aids every two (2) years.	\$0 co-pay for Medicaid- covered services.
	It is always recommended that you talk to your PCP first before you get care from a Specialist.	

Benefit Category	El Paso Health Advantage Dual SNP (HMO D-SNP)	Texas Medicaid
Dental Services	 \$0 co-pay Preventive dental services: This plan covers: oral exam(s), cleanings(s), dental X-ray(s) and fluoride treatment(s) every year. Comprehensive dental services: This plan covers: diagnostic services, restorative services, extractions, prosthodontics, other oral/maxillofacial surgery, extra exams, cleanings, X-rays, fillings, extractions, implants, and dentures. Benefit limit: \$3,500 limit on all servered preventive and 	Medicaid pays for this service if it is not covered by Medicare or when the Medicare benefit is exhausted. Note: For Members who are 20 years of age or younger; or 21 years of age or older in an ICF-MR. \$0 co-pay for Medicaid- covered services.
	all covered preventive and comprehensive dental services. Any amount not used by the end of the calendar year will expire.	
Vision Services	\$0 co-pay	Medicaid pays for this service if it is not covered by Medicare
	Medicare-covered vision services:	or when the Medicare benefit
	Exam to diagnose and treat diseases and conditions of the eye.	is exhausted. Services by an Optician
	Eyeglasses or contact lenses after cataract surgery.	are limited to fitting and dispensing of medically necessary eyeglasses and
	Routine vision services:	contact lenses.
	Routine vision exam - 1 routine eye exam(s) every year.	\$0 co-pay for Medicaid- covered services.
	Routine eyewear (lenses and frames). This plan covers up to \$300 for eyeglasses or contact lenses every year.	

Benefit Category	El Paso Health Advantage Dual SNP (HMO D-SNP)	Texas Medicaid
Mental Health Services	 \$0 co-pay for 190 days Our plan has a lifetime limit of 190 days for inpatient mental health care in a psychiatric hospital. This limit does not apply to inpatient mental health services provided in a general hospital. Our plan covers 90 days for an inpatient hospital stay. Our plan also covers 60 "lifetime reserve days." These are "extra" days that we cover. If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days. Prior authorization may be required. 	Inpatient psychiatric hospital stays are a covered benefit for Members under the age 21, and Members 65 years of age and older. Inpatient acute care hospital stays for psychiatric treatment are a covered benefit for Members 21 through 64 years of age. Medicaid pays coinsurance, co- payments, and deductibles for Medicare covered services. Members should follow Medicare guidelines related to hospital choice. \$0 co-pay for Medicaid- covered services.
Outpatient Mental Health Services	\$0 co-pay for group therapy visit \$0 co-pay for individual therapy visit	Medicaid pays for this service if it is not covered by Medicare or when the Medicare benefit is exhausted. \$0 co-pay for Medicaid- covered services.
Skilled Nursing Facility	\$0 co-pay for days 1 through 100 Prior authorization may be required.	Medicaid pays for this service if it is not covered by Medicare or when the Medicare benefit is exhausted. \$0 co-pay for Medicaid- covered services.

Benefit Category	El Paso Health Advantage Dual SNP (HMO D-SNP)	Texas Medicaid
Outpatient Therapy	 \$0 co-pay Occupational, physical, and speech therapy. Prior authorization may be required. Note: physical therapy is covered either by a facility or therapist providing services in home. 	Medicaid pays for this service if it is not covered by Medicare or when the Medicare benefit is exhausted. \$0 co-pay for Medicaid- covered services.
Ambulance	\$0 co-pay for Medicare covered services. Medically necessary ambulance ground, water, and air services. Prior authorization required for non-emergent ambulance transport.	Medicaid pays for this service if it is not covered by Medicare or when the Medicare benefit is exhausted. \$0 co-pay for Medicaid- covered services.
Transportation	\$0 co-pay; 96 one-way trips per year Routine transportation coverage is limited to plan- approved locations (within the local service area) provided by contracted transportation vendors in our plan. If you need a ride, call us at least 48 hours ahead of time.	The Medicaid Medical Transportation Program (MTP) provides non-emergency transportation, if it is not covered by Medicare or when the Medicare benefit is exhausted. \$0 co-pay for Medicaid- covered services
Medicare Part B Drugs	\$0 co-pay Medicare Part B drugs include immunosuppressant drugs, anti-cancer drugs, anti-emetic drugs, and dialysis drugs.	Medicaid will not cover any Medicare Part B drugs.

PRESCRIPTION DRUGS

DEDUCTIBLE FOR PART D

There is no Part D deductible because you get Extra Help from Medicare. Depending on the level of Extra Help you receive, you will pay one of the following cost-share amounts each time you fill your drug.

Standard Cost-sharing

Mail order: Kroger Retail: All other network retail pharmacies

Benefit Category	Retail	Mail Order
Tier 1 Generic Drugs (including	30 day supply	90 day supply
brand drugs treated as generic)	You pay \$0 co-pay; \$1.35 co-pay; \$4.00 co-pay; or 15% of total	You pay \$0 co-pay; \$1.35 co- pay; \$4.00 co-pay; or 15% of total
Tier 1 all other drugs	30 day supply	90 day supply
urugs	You pay \$0 co-pay; \$3.95 co-pay; \$9.85 co-pay; or 15% of total	You pay \$0 co-pay; \$3.95 co- pay; \$9.85 co-pay; or 15% of total

Specialty drugs are limited to a 30-day supply.

Day Supply Available

• One month supply (up to 30 days)

- Two month supply (31-60 days)
- Three month supply (61-90)

CATASTROPHIC COVERAGE STAGE

You qualify for the Catastrophic Coverage Stage when your out-of-pocket costs have reached the \$4,430 limit for the calendar year, you pay nothing for all drugs.

ADDITIONAL BENEFITS

Benefit Category	El Paso Health Advantage Dual SNP (HMO D-SNP)	Texas Medicaid
Podiatry Services	\$0 co-pay for Medicare covered services only, Diabetes-related nerve Damage or Medically Necessary treatment for foot injuries or diseases. This plan covers 10 visits annually for routine podiatry care.	Medicaid pays for this service if it is not covered by Medicare or when the Medicare benefit is exhausted. \$0 co-pay for Medicaid- covered services.
Durable Medical Equipment (like wheelchairs or oxygen)	\$0 co-pay Prior authorization may be required.	\$0 co-pay for Medicaid- covered services.
Medical Supplies	\$0 co-pay	\$0 co-pay for Medicaid- covered services.
Prosthetics (artificial limbs or braces)	\$0 co-pay Prior authorization may be required.	For Members birth through age 20 (CCP), Medicaid pays for this service if it is not covered by Medicare or when the Medicare benefit is exhausted. \$0 co-pay for Medicaid- covered services.
Diabetic Monitoring Supplies	\$0 со-рау	\$0 co-pay for Medicaid- covered services.

Benefit Category	El Paso Health Advantage Dual SNP (HMO D-SNP)	Texas Medicaid
Home Health Care	\$0 co-pay (includes medically necessary intermittent skilled nursing care, home health aide services, occupational therapy, physical therapy, speech therapy, and medical social services) Prior authorization may be required.	Medicaid pays for this service if it is not covered by Medicare or when the Medicare benefit is exhausted. Includes medically necessary intermittent skilled nursing care, home health aide services, private duty nursing services, and personal care services. \$0 co-pay for Medicaid- covered services.
Hospice	Covered under Original Medicare Not covered by El Paso Health Advantage Dual SNP (HMO D-SNP).	Medicaid pays for this service for certain Waiver Members if it is not covered by Medicare or when the Medicare benefit is exhausted. Note: When adult clients elect hospice services, they waive their rights to all other Medicaid services related to their terminal illness. They do not waive their rights to
		Medicaid services unrelated to their terminal illness. \$0 co-pay for Medicaid- covered services.

Benefit Category	El Paso Health Advantage Dual SNP (HMO D-SNP)	Texas Medicaid
Health/Wellness Education	\$0 co-pay; Programs to help you manage your health conditions including education, materials, advice	Medicaid pays for this service if it is not covered by Medicare or when the Medicare benefit is exhausted.
	and care tips.	\$0 co-pay for Medicaid- covered services.
Chiropractic Services	\$0 co-pay for Medicare covered Chiropractic services.	Chiropractic manipulative treatment (CMT) performed by chiropractor licensed by the Texas State Board of
	Medicare coverage includes manipulation of the spine to correct a subluxation (when one or more of the bones	Chiropractic Examiners is a benefit of Texas Medicaid.
	in your spine move out of position).	Medicaid pays for this service if it is not covered by Medicare or when the Medicare benefit is exhausted.
	Prior authorization may be required.	
		\$0 co-pay for Medicaid- covered services.

Benefit Category

El Paso Health Advantage Dual SNP (HMO D-SNP)

<section-header></section-header>	 \$0 co-pay Prior authorization may be required. Cardiac (heart) rehab services (with a limit of two, one-hour sessions per day and a maximum of 36 sessions within a 36-week period). Pulmonary (lung) rehab services (with a limit of two, one-hour sessions per day and a maximum of 36 sessions). Occupational/Physical/ speech therapy visit. Note: physical therapy is covered either by a facility or therapist providing services in home. 	<text><text><text></text></text></text>
Outpatient Substance Abuse	\$0 co-pay for individual and group therapy visits.	Not covered by Texas Medicaid.
Renal Dialysis Services	\$0 со-рау	Medicaid pays for this service if it is not covered by Medicare or when the Medicare benefit is exhausted. \$0 co-pay for Medicaid-

Supplemental benefits included with your enrollment in El Paso Health Advantage Dual SNP (HMO D-SNP)

Over-the-Counter Catalog Service	Members are eligible to receive up \$250 every quarter for covered over-the- counter purchases such as toothbrushes, bandages, vitamins, grab bars, Nicotine Replacement Therapy drugs and other eligible items.
Meals Benefit	Post Hospitalization Meals 14 home-delivered meals following your discharge from a hospital or nursing facility.
Personal Emergency Response System coverage (PERS)	One Personal Emergency Response System Device remove
24 Hour Nurse Line	Access to a 24-hour, seven days a week bilingual (English/Spanish) medical advice line staffed by nurses and pharmacist. Assistance provided in multiple languages.
Medicare Community Connections	We assist you right over the phone by providing you with health-related information and by connecting you to local community-based services and support program. We'll help you coordinate these services based on your unique needs.

HOME AND COMMUNITY BASED WAIVER SERVICES

THE FOLLOWING ARE TEXAS MEDICAID SERVICES (not covered by El Paso Health Advantage Dual SNP (HMO D-SNP)). For additional information, contact the Texas Health and Human Services Commission (HHSC) at 1-877-541-7905 or TTY users can call 711.

Those who meet QMB requirements and also meet the financial criteria for full Medicaid coverage, may be eligible to receive all Medicaid services not covered by Medicare, including Medicaid waiver services. Waiver services are limited to individuals who meet additional Medicaid waiver eligibility criteria.

Community Living Assistance and Support Services (CLASS) Waiver	Information on waiver services and eligibility for this waiver can be found on the following Texas Health and Human Services webpage. https://hhs.texas.gov/doing-business-hhs/provider- portals/long-term-care-providers/community-living-assistance- support-services-class.
Deaf Blind with Multiple Disabilities Waiver (DBMD)	Information on waiver services and eligibility for this waiver can be found on the following Texas Health and Human Services webpage. https://hhs.texas.gov/doing-business-hhs/ provider-portals/long-term-care-providers/deaf-blind-multiple- disabilities-dbmd.
Home and Community Services (HCS) Waiver	Information on waiver services and eligibility for this waiver can be found on the following Texas Health and Human Services webpage. https://hhs.texas.gov/doing-business-hhs/provider- portals/long-term-care-providers/home-community-based- services-hcs
Medically Dependent Children Program (MDCP)	Information on waiver services and eligibility for this waiver can be found on the following Texas Health and Human Services webpage. https://hhs.texas.gov/doing-business-hhs/provider- portals/long-term-care-providers/medically-dependent- children-program-mdcp.
Texas Home Living Waiver (TxHmL)	Information on waiver services and eligibility for this waiver can be found on the following Texas Health and Human Services webpage, https://hhs.texas.gov/doing-business-hhs/provider- portals/long-term-care-providers/texas-home-living-txhml.
STAR+PLUS Program (operating under the Texas Healthcare Transformation and Quality Improvement Program Waiver)	Programs include: Adult Foster Care, Assisted Living, Cognitive Rehabilitation Therapy, Financial Management Services, Home Delivered Meals, Minor Home Modifications and Support Consultation. Information on waiver services and eligibility for this waiver can be found on the following Texas Health and Human Services webpage: https://hhs.texas.gov/ services/ health/medicaid-chip/programs/starplus.

Non-Discrimination Notice

El Paso Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. El Paso Health does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

El Paso Health provides aids and services at no cost to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Language services to people whose primary language is not English, such as: Qualified interpreters and Information written in other languages

If you need these services, contact our Member Service Department at 915-532-3778 or toll free at 1-877-532-3778, Monday through Friday 7 a.m. to 5 p.m.

If you believe that El Paso Health has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

El Paso Health Civil Rights Coordinator Director of Compliance 1145 Westmoreland, El Paso, TX 79925 FileGrievance@elpasohealth.com 915-298-7198 Ext 1109; TTY 711 FAX 915-532-2877

You can file a grievance in person or by mail, fax, or e-mail. If you need help filing a grievance, El Paso Health Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW, Room 509F, HHH Building Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

Proficiency of Language Assistance Services

English: If you speak English, language assistance services, free of charge, are available to you. Call 1-833-742-3125 (TTY 711).

Spanish/Español: Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de El Paso Health, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 1-833-742-3125 (TTY 711).

Vietnamese/Viet: Nếu quý vị, hay nguời mà quý vị dang giúp dỡ, có câu hỏi về El Paso Health, quý vị sẽ có quyền duợc giúp và có thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, xin gọi 1-833-742-3125 (TTY 711).

Chinese/中文: 如果您,或是您正在協助的對象,有關於[插入El Paso Health 項目的名稱El Paso Health 方面的問題,您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員,請撥電話[在此插 入數字1-833-742-3125 (TTY 711).

Korean/한국어: 만약 귀하 또는 귀하가 돕고 있는 어떤 사람이El Paso Health에 관해서 질문이 있다면 귀하는 그러한도움과 정보를 귀하의 언어로 비용 부담없이 얻을 수 있는 권리가 있습니다. 그렇게 통역사와 얘기하기위해서는 1-833-742-3125 (TTY 711).

Arabic/ا صوصخب ةلئساً مدعاستصخش ىدل وأ كيدل ناك نا ِ َقيبرعلا / Arabic ثدحتلل .قفلكت قيا نود نم كتغلب قيرورضلا تامولعملاو قدعاسملا ىلع لوصحلا مجرتم عم (ب لصتا مجرتم عم

Urdu/ا روا ںيہ ےہر ےد ددم وک یسک پا رگا ےہ لاوس وک ںونود پا :ودرا El Paso Health ےنرک تاب ےس نامجرت ےہ قح اک ےنرک لصاح تامولاعم روا ددم ےہ نابز ینپا وک ںونود کیل ےک اور ،ںیم ےراب ےکتفم ںیم ،ےیل ےک

Tagalog: Kung ikaw, o ang iyong tinutulangan, ay may mga katanungan tungkol sa El Paso Health, may karapatan ka na makakuha ng tulong at impormasyon sa iyong wika ng walang gastos. Upang makausap ang isang tagasalin, tumawag sa 1-833-742-3125 (TTY 711).

French/Francais: Si vous, ou quelqu'un que vous êtes en train d'aider, a des questions à propos de El Paso Health, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 1-833-742-3125 (TTY 711).

Proficiency of Language Assistance Services

Hindi/हदीि: य□द आपके ,या आप द्वारा सहायता ककए जा रहे ककसी व्यक्तत के El Paso Health के बारे म□ प्रश्न ह□ ,तो आपके पास अपनी भाषा म□ मुफ्त म□ सहायता और सूचना प्राप्त करने का □धकार है। ककसी िुभाषषए सेबात करनेके □लए 1-833-742-3125 (TTY 711).

El [دروم رد لاوس ، دينکيم کمک وا هب امش هک یسک اي ،امش رگا :یسراف/Persian ناگيار روط هب ار دوخ نابز هب تاعلاطا و [361 کمک هک ديراد ار نيا قح Paso Health ناگيار روط هب ار دوخ تابز ماي (TTY 711) ديشاب متشاد ،] دييامن تفايرد

German/ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-833-742-3125 (TTY 711).

Gujarati/સચુ ના: જો તમે ગુજરાતી બોલતા હો, તો નિ:ુશલ ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ છે. ફોન કરો 1-833-742-3125 (TTY 711).

Russian/ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-833-742-3125 (телетайп: 711).

Japanese/注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-833-742-3125 (TTY: 711)まで、お電話にてご連絡ください。

Laotian/ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີພ້ອມໃຫ້ ທ່ານ. ໂທຣ 1-833-742-3125 (TTY: 711).







24-Hour Nurse Line

Access to a 24-hour, seven days a week bilingual (English/Spanish) medical advice line staffed by nurses and pharmacists. Assistance provided in multiple languages.

Transportation Service

Receive 96 one-way nonemergent medical visit transportation services every year.





Dental

Receive up to \$3,500 each year. It can be used for dental checkups, x-rays, routine cleaning, fillings, extractions, implants, and dentures.



PERS Device

One Personal Emergency Response System Device

Hearing

\$2,000 towards hearing aids every two (2) years.





Vision

Up to \$300 each year. Use it for routine eye exams, eyeglasses (frames and lenses), and/or contract lenses.

Podiatry

Get ten (10) visits annually for routine podiatry care.



Adult Daycare Services

Qualified Members are eligible for up to 3 days of adult daycare services per quarter.





Home-Delivered Meals

Get up to fourteen (14) healthy meals delivered to your home after being discharged from a hospital or nursing facility.

Over-the-Counter

Receive up to \$250 each quarter for covered over-the-counter purchases. Order through our Catalog Service toothbrushes, bandages, vitamins, grab bar, personal care products and many other eligible items. The \$250 allowance renews every quarter.

Local Retailers: Walmart, CVS, Walgreens, Family Dollar, Dollar General

Online: https://athome.medline.com/card



Support for Caregivers

Caregivers of qualified members are eligible to receive up to 8 hours of caretaker support per quarter.





Get Fit Program

Members have access to all local YMCA facilities with the ability to an initial tour, utilize the equipment, attend classes and much more!

Healthy Eats Program

Qualified Members receive \$75 a quarter for approved healthy food items such as fruits & vegetables, meats, juices, milk, cheese, eggs, yogurt, breads and so much more!!

Shop at Local Retailers or Online: <u>www.MomsMeals.com</u> <u>www.FarmboxRX.com</u>



Annual Election Period (AEP) – the

period from October 15 through December 7 of each year. During this time period, you may enroll in prescription drug plans and Medicare Advantage plans.

Appeal – A special kind of complaint you submit if you disagree with a decision to deny a request for services, or payment for services you have already received. You may also make an appeal if you disagree with a decision to stop services that you are receiving. There is a specific process our plan must use when you ask for an appeal.

Benefit Period – in Part A, this period begins when you enter a hospital for an overnight stay and ends when you have been out of the hospital for 60 consecutive days.

Catastrophic Coverage – In Medicare Part D, this phase of a drug plan allows you to pay only a small co-insurance or small co-pay for a covered drug, and your plan pays the rest of the cost for the remainder of the year. **Center for Medicare and Medicaid Services (CMS)** – this is the federal government agency that runs the Medicare program and works with the states to manage their Medicaid programs.

Co-insurance – This is the percentage a plan charges for services you may have to pay after you pay any plan deductibles. The co-insurance payment is a percentage of the cost of the service.

Co-payment (co-pay) – In some Medicare health and prescription drug plans, the amount you pay for each medical service, like a doctor's visit or a prescription. A co-pay is usually a set amount.

Cost-sharing – A term for the way Medicare shares your health care costs with you. The most common types of cost-sharing are deductibles, co-pays and coinsurance.

Coverage Gap – A name for the phase in the Medicare Part D plan in which you pay most of the plan's discounted cost for your covered medication.

Deductible – The amount you must pay for services before the plan begins to pay. These amounts can change every year.

Dual Eligible – A person who eligible for both Medicare and Medicaid.

Grievance – A complaint about the way your Medicare health plan is providing access to care. A grievance is not the way to deal with complaint about a treatment decision or a service that is not covered. (see Appeal)

Health Maintenance Organization (HMO) – In Part C, a type of Medicare Advantage plans in which you must use doctors and hospitals in the plan's network for your care. If you go outside the network, other than for emergency care, for urgent care, or for out-of-area renal dialysis, you are responsible for your own care. **Home Health Care** – In Part A and B, skilled nursing care and therapy, such as speech therapy or physical therapy, provided to the homebound on a part-time or intermittent basis.

Hospice Care – Care for those who are terminally ill. Hospice care typically focuses on controlling symptoms and managing pain. In Part A, hospice care also includes support services for both patients and caregivers. Part A covers both hospice care received at home and care received in a hospice outside of home.

Initial Enrollment Period – A

seven-month period when you first become eligible to enroll in Medicare and a Medicare prescription drug plan. It begins three months before your 65th birthday and ends no later than three months after the month of your birthday.

Inpatient Care – Care you receive in a hospital when you are admitted for an inpatient stay.

Maximum out-of-pocket Limit – A

limit that Medicare Advantage plans set on the amount of money you will have to spend out of your own pocket in a plan year. In Part D, you must reach this maximum before catastrophic coverage begins for the remainder of the year. (see Catastrophic Coverage)

Network – In Part C and D, the group of health care providers, such as hospitals, doctors and pharmacies that agree to provide care to the members of a Medicare Advantage coordinated care plan or prescription drug plan.

Out-of-Pocket Maximum – A limit that Medicare Advantage plan sets on the amount of money you will have to spend out of your own pocket in a plan year. For Medicare Part A and Part B services plan premiums do not count toward the out-of-pocket maximum. (See Maximum Out-of-Pocket Limit)

Outpatient Care – Care you receive as a hospital patient if you are not admitted for an inpatient stay, or care you receive in a freestanding surgery center as an outpatient. **Part A** – The part of Medicare that provides help with the cost of the hospital stay, skilled nursing services following a hospital stay and some other kinds of skilled care.

Part B – The part of Medicare that provides help with costs of doctor's visits and other medical services that don't involve overnight hospital stays.

Part C – The part of Medicare that allows private insurance companies to offer plans that combine help with hospital costs with help of doctor's visits and other medical services. Part C plans are usually referred to as "Medicare Advantage Plans".

Part D – The part Medicare that offers help with the costs of prescription drugs.

Premium – A fixed amount you must pay to participate in a plan or program; in private insurance, the price you pay for a policy, usually as a monthly payment.

Preventive Care – Care that is meant to keep you healthy, or to find illness early when treatment is most effective.

Prior Authorization – Approval in advance to get services or certain drugs that may or may not be on the plan's formulary. Covered drugs that need prior authorization are marked in the formulary.

Provider – A person or organization that provides medical services or products such as doctor, hospital, pharmacy, laboratory or outpatient clinic.

Referral – A written approval from your primary care physician (doctor) for you to see a specialist or get certain services. In many Medicare managed care plans, you need to get a referral before you can get care from anyone except your primary care physician. **Service Area** – The area where a health plan accepts members. For plans that require you to use their doctors and hospitals it is also the area where services are provided.

Special Election Period (SEP) for Dual Eligible – You can

make changes to your Medicare Advantage and Medicare prescription drug coverage anytime during the year. You may join, switch, or drop a Medicare Advantage Plan or Medicare prescription drug coverage.

Special Needs Plan (SNP) – A type

of Medicare Advantage Plan that serves people with special health care needs.

Step-Therapy (ST) – A term on the comprehensive formulary that indicates medication will only be covered if previous medications to treat condition weren't successful.



For more information:

Call 1-833-742-3125

TTY users call 711

or vist us at EPHMedicare.com