

### Health Care for People like You

El Paso Health Medicare Advantage Catalog 2024



# Are you covered by Medicare And Medicaid?

If yes, then



can help you get the benefits you deserve.

El Paso Health Medicare Advantage is a Local Medicare Advantage plan designed with El Pasoans in mind.

This booklet highlights some of the many benefits El Paso Health offers.

For more information call 1-833-742-3125 TTY 711

ephmedicare.com

This information is not a complete description of benefits. Call Member Services at 1-833-742-3125, TTY 711 for more information.



# **Zero-Cost**Prescription Drugs

#### \$0 Copay for generic drugs

including drugs treated as generic

#### \$0 Copay for All other drugs

If you qualify for "Extra Help", you will pay \$0 copay for all Medicare Part D covered prescription drugs on our formulary, for all tiers, and through all stages.

- Standard Retail Pharmacies are available
- Mail-Order
- 90 day supply that can be obtained at a local pharmacy or through mail order

#### **How to get Zero-Cost Prescription Drugs**

Just show your El Paso Health Medicare Advantage Member card at the pharmacy when obtaining prescription medication.





### **Utility Bill Assistance**

\$50 monthly allowance for the assistance of paying any of the following utilities:







Call Member Services for additional information 1-833-742-3125, TTY 711



## Healthy Eats



Eating well is vital to good health. That is why El Paso Health Medicare Advantage Members have the Healthy Eats Benefit available to them.

We offer \$200 per quarter on your El Paso Health Medicare Advantage OTC Visa Card to help you buy nutritious, healing food.

Online shopping through www.MomsMeals.com, www.GAFoods.com or www.FarmboxRX.com

\*Quarterly limits apply.
Please contact the plan for additional information.

#### Over-The-Counter Card



Our over-the-counter (OTC) benefits give you access to over 60 eligible products, \$140 every quarter\*.

You can use your OTC Visa Card at these local retailers:









\*Quarterly limits apply. Please contact the plan for additional information.



Over-the-counter (OTC) card now has more products such as:











**Digestive Aids Acid Controllers Toothbrushes** Toothpaste **Oral Remedies** Alcohol & Peroxide Bandages First Aid Kits & Supplies Shampoo Deodorant Shaving Grooming **Shower Tub Grab Bails Bath Tub Mats** Adult diapers Pads Waterproof underwear

**Denture Products** 

Lip Care Medicated

### Eligible Items ✓







### Physical Wellness



Good Health starts with good selfcare! \$200 quarterly allowance for wellness products.

Use your El Paso Health Medicare Advantage OTC Visa Card to help you obtain personal care products like deodorant, hair care, feminine care, shaving products and more.

#### Find out more at, mybenefitscenter.com

\*Quarterly limits apply. Please contact the plan for additional information.

- Abdominal Supports
- Acid Controllers
- Acne Medication
- · Adult Cough, Cold & Flu
- · Adult Pain Relief
- · Allergy & Sinus medications
- Antiacids
- Antibiotic creams
- · Anti-diarrhea medications
- Anti-fungal medications
- · Anti-gas medications
- · Anti-itch medications
- Anti-parasitic Treatments
- Bandages (band-aids)
- Contact Lens care
- Cough Drops, Sore Throat
- Denture Products
- Diabetes Care Accessories
- Diagnostic Products
- Digestive Aids
- Diuretics & Weight Loss
- · Cleansing & Detox
- Drys (Epsom Salt & Boric Acid)
- Ear Care
- · Elastic Bandages
- External Pain Relief
- Eye Preparations
- First Aid Dressings
- First Aid Kits & Supplies
- · First Aid Treatments

- Foot Treatments
- Hemorrhoidal Preparations
- Incontinence supplies
- Interdental, Gum Care, Etc.
- Laxatives
- Lip Care Medicated
- · Liquids (Alcohol & Peroxide in First Aid)
- · Medical Support-High
- Compression
- Mineral Supplements
- Nasal/Sinus
- · Nicotine Patches, Gum, Etc.
- Oral Remedies
- · Orthopedic & Surgical Support
- Respiratory Treatments
- Sleep Aids, Stimulants & Motion Sickness
- Sun Protection (SPF 15+)
- Stomach Remedies
- Support Hose-Low
- · Toothbrushes and Toothpaste
- Urine Testing
- Vitamins, Multi-Vitamins & Minerals
- Wart Removal Treatments
- Weight Control (Tablets, Caps, Etc.)
- · Wound Care-Specialized



### **Get Fit**

As an El Paso Health member you can enjoy and take advantage of any YMCA facility in the El Paso area. By using your El Paso Health Medicare Advantage ID Card you can "get fit" by doing exercise such as cardio, swimming, strength training, specialty classes and more.

Staying fit is so important to your overall health and wellness, and at El Paso Health we encourage you to take advantage of this supplemental benefit.











### Dental Benefit Coverage



\$4,000 per year

#### **Preventive dental services:**

- Oral exam(s)
- Cleanings(s)
- Dental X-ray(s)
- Fluoride Treatment(s)



#### **Comprehensive dental services:**

- Restorative Services
- Maxillofacial Surgery
- Extra exams
- Fillings
- Extractions
- Dentures
- Root Canals
- Crowns
- And Implants



24-Hour Nurse Line
Access to a 24-hour, seven
days a week bilingual (English/
Spanish) medical advice
line staffed by nurses and
pharmacist. Assistance provided
in multiple languages.



Transportation **96 trips per year** 

one-way non-emergent medical visit transportation services every year.



Podiatry
El Paso Heath Medicare
Advantage offers ten (10)
annual visits for routine podiatry
care.



PERS Device
El Paso Health Medicare
Advantage offers a PERS Device
that will call an ambulance
regardless of day or hour with
the push of a button.



### Hearing Benefits \$2,000 per year

This plan covers 1 hearing exam and hearing aid fitting/evaluation every 2 years. \$2,000 maximum plan benefit for hearing aids every two (2) years.



Vision Benefits \$400 per year

Routine vision services: Routine vision exam 1 routine eye exam every year.

Routine eyewear (lenses and frames). This plan covers up to \$400 for eyeglasses or contact lenses every year.



### Home-Delivered Meals

Receive up to 14 healthy meals delivered to your home after being discharged from a hospital or nursing facility.



# Get \$25 for seeing the Doctor



Members are eligible to receive \$25 as part of their Rewards & Incentive Program in there OTC Visa Card as a thank you from El Paso Health Medicare Advantage.

#### **Preventive Screenings that qualify for the \$25:**

- Completion of HRA
  - Flu Shot
- Pneumonia Vaccine
- Covid-19 Vaccine
  - HbA1c Test
- Diabetic Eye Exam
- Annual Wellness Exam

### Your Local Medicare Advantage Plan

**Included Supplemental Benefits** 



Utility Bill Assistance



\$0 Cost Prescription Drugs



Over-the-Counter (OTC) card



Dental



Transportation Service



Healthy Eats Program



**Podiatry** 



Hearing



24-Hour Nurse Line



Vision



Home-Delivered Meals



Get Fit Program

El Paso Health Medicare Advantage is an HMO D-SNP plan with Prescription Coverage and a Medicare Contract. Enrollment in El Paso Health Medicare Advantage Dual (HMO D-SNP) depends on contract renewal.

<sup>\*</sup>Please contact plan for any additional information.

# ElPaso Health Medicare Advantage

For more information:

Call 1-833-742-3125

TTY 711 or visit us at EPHMedicare.com